

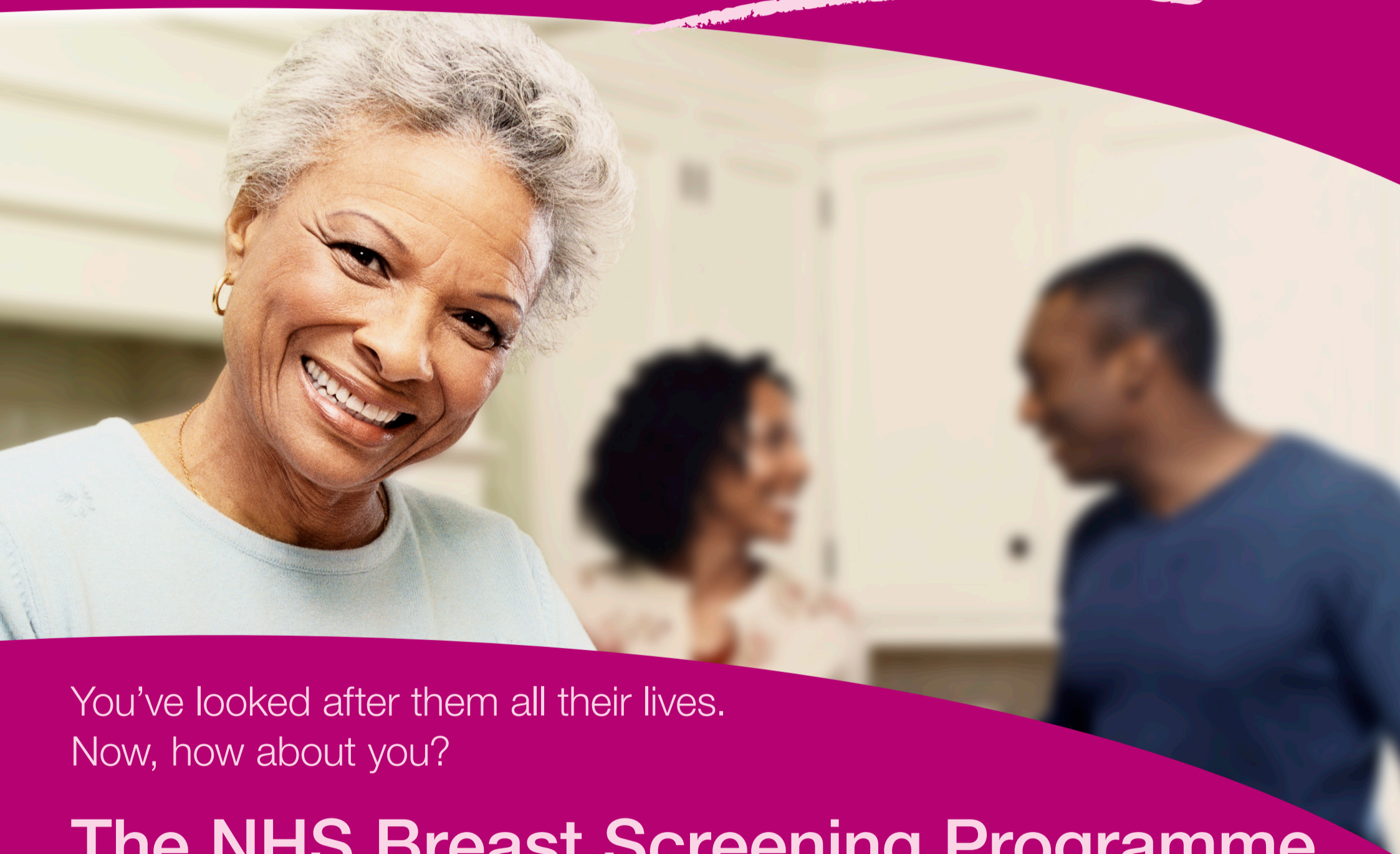


Public Health  
England

**NHS**

For more details, contact your  
local breast screening service  
at on 020 3758 2024 or visit  
[www.london-breastscreening.org.uk](http://www.london-breastscreening.org.uk)

# It's time to look after yourself



You've looked after them all their lives.  
Now, how about you?

**The NHS Breast Screening Programme  
saves 1,400 lives every year.**

All women aged 50 and over are entitled to regular breast screening.  
Some things are worth making time for.

For more details, speak to your GP or visit [www.nhs.uk/breast](http://www.nhs.uk/breast)